

1 day

## Supervision training

# QC8 Best Practice Models of Supervision

This one day face-to-face course explores the fundamentals of best practice models of supervision, addressing the expectations and processes involved in effective clinical supervision.

Designed for all mental health practitioners providing and receiving clinical supervision, it is also suitable for clinicians in other services who apply clinical supervision practices to support them in their role and management of professional duties.

The training relates strongly to *Clinical Supervision Guidelines for Mental Health Services* (2009) and the *Human Resources Policy G5: Practice Supervision in Allied Mental Health* (Queensland Health 2008) with respect to roles, responsibilities and expectations of clinicians and supervisors, to assist in the delivery of quality, effective and accountable clinical supervision.

The training covers quality control functions, professional and legal responsibilities, as well as personal accountabilities and liabilities.

The experiential training enables clinicians to actively engage and reflect on personal practice experience during the workshop – a very important aspect when it comes to not only client engagement, but also in self-care when handling diverse and challenging case loads.

### Anticipated learning outcomes:

- outline how the Supervisory Working Alliance (SWA) underpins the functions of supervision
- identify the purpose of a formal clinical supervision agreement to achieve successful supervision and professional development outcomes
- demonstrate how to apply the Three Functions, Seven-eyed Process and Supervisory Working Alliance models to clinical supervision practice
- distinguish methods to give and receive effective feedback
- identify how evaluations are best applied for quality supervision
- recognise what may cause challenges with supervision relationships and illustrate techniques for improving the relationship
- apply key parts of the Queensland Health *Clinical Supervision Guidelines for Mental Health Services* (2009) to their current supervision arrangements.

### When to attend training

- **New clinicians:** As soon as practical when commencing your role in mental health, as it provides the fundamentals to participate in supervision both as a supervisee and supervisor
- **Experienced clinicians:** who have not completed formal supervision training will benefit from reviewing the fundamental evidence based practices to enable you to gain the very most from your supervision experience

**Category:** Subsidised

#### Aligned to

Clinical Supervision Guidelines for Mental Health Services 2009

NSQHS Standards: 1, 2, 6.1, 6.2 & 6.3

#### Continuing Professional Development

**7 Hours**  
Active learning